

The GRR Out-Patient program was created to support and educate those in recovery while they are integrating back into daily life routines. It is structured and personalized, and often the most critical phase of the recovery process that allows Clients to be supported as they continue to stay sober and accountable while attending school, work or other outside activities.

GRR has three levels of continuing care:

Small Client-focused Groups

1. Partial hospitalization (PHP) or full day programs
2. Intensive Outpatient (IOP) or half-day programs
3. Regular out-patient programs.

All three levels of care include:

1. Random Drug & Alcohol testing
2. Counseling
3. Group Education
4. Individualized Treatment & Discharge Planning
5. Psychiatric Evaluation
6. Individual Therapy & Case Management

This last phase is crucial for newly sober addicts and alcoholics to experience long-lasting, lifetime sobriety. Moving through all three levels of care allows Clients the support they need to stay sober as they integrate back into society as a fully responsible citizen.

HOW WE ARE DIFFERENT:

Our PHP/IOP program is different because it offers individualized care and small group sizes. Groups are six to eight people so clients receive a high level of personalized care.

Also, we are holistic in that we offer different approaches to healing the mind, body and spirit. The 35 group topics rotate from day-to-day addressing a myriad of issues related to addiction.

Clients Receive:

- Yoga classes
- Experiential Lifeskills Group
- Weekly Appointments with our Psychiatrist (as needed)
- EMDR (when appropriate)
- Education on the Disease of Alcoholism
- CBT



- DBT
- Individualized Treatment & Discharge Planning
- Referrals & Resources
- Guided Imagery
- Nutrition with a Registered Dietician
- Gym Visits

Our program is well-rounded and addresses all aspects of life that contribute to successful sobriety. We also assist clients with life skills like resume and career building, or education or whatever their life goals may be. We help clients re-integrate into society while they have the structure and support needed to maintain sobriety, and address triggers or emotional blocks as they come up in a safe supportive therapeutic environment.

We provide superior documentation of attendance for:

1. Probation Officers
2. Court Employers
3. Employee Assistance Programs (EAPs)
4. Airlines
5. Attorneys
6. Aero Medical Examiners (AMEs)
7. Federal Aviation Administration (FAA)



Our Joint Commission Accreditation brings credence to the detailed documentation we provide.



JOINT COMMISSION ACCREDITED, THE HIGHEST TREATMENT STANDARD.

All information contained herein is believed to be accurate and is subject to change without notice.

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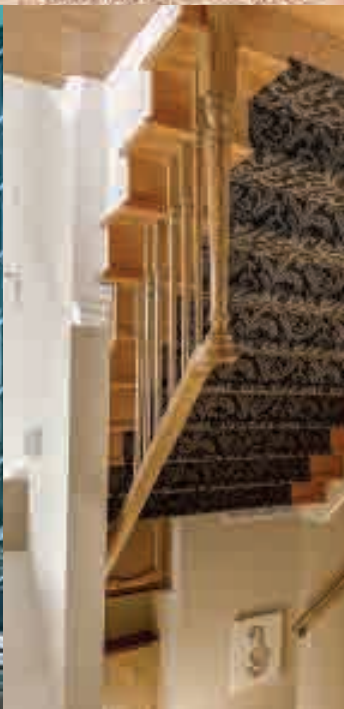
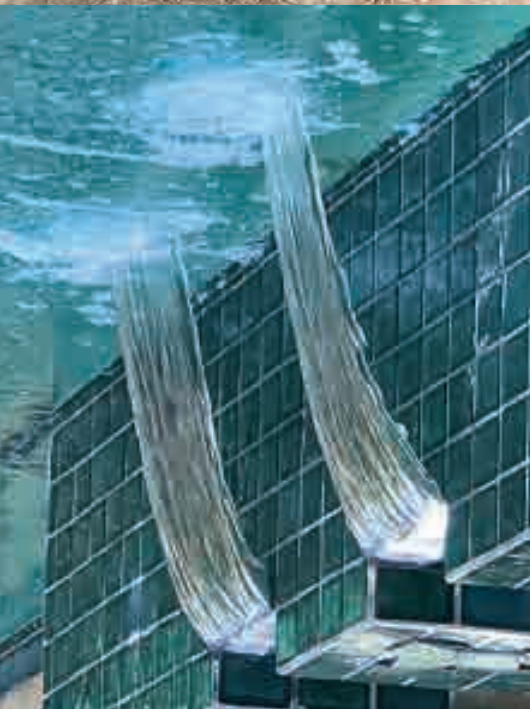
Out-Patient Services

PHH/IOF

DRUG & ALCOHOL TREATMENT FACILITY



High-End Sober Living Homes Available



FOUNDERS WHO UNDERSTAND:



Co-founders Larry Smith and Lori Cattern-Smith have struggled with addiction and have achieved long-term sobriety. Both understand the challenges first-hand and are able to connect with their Clients on a personal level. Larry and Lori are also both certified addiction counselors who work face-to-face with Clients. Their personal commitments to GRK ensures that each patient receives the individual care they deserve.